## LARRY ADLER Alpine Checklist

Equipment			
	Skis & Bindings		Swimsuit
	<b>Snowboard &amp; Bindings</b>		Casual Clothing
	Snowshoes		<b>Gloves &amp; Glove Liners</b>
	Ski Boots		Socks
	<b>Snowboard Boots</b>		Hat /Headband
	Poles		Balaclava
	Apres Boots		<b>Neck Warmer or Scarf</b>
	<b>Boot Heaters</b>		Under Armour
	Foot Grips/Walk Eze		
	Arch Supports	"F	orget me Nots"
	Goggles		Ski Bag
	Sunglasses & Cord		Boot Bag
	Powder Straps		Weekender Bag
	Helmet		Chains
	Shovel		Roof Racks
	Wrist guards		<b>Waterproofing Spray</b>
			Heat Packs
Clothing			Suncream
	Waterproof Parka		Lip Balm
	<b>Waterproof Pants</b>		Skin Moisturiser
	One Piece Suit		Sore Eye Drops
	Sweater		Ski Wax/Tuning Tools
	Fleece		Audio/Earphones
	Skivvies		Camera
	Thermal Underwear		Holiday Insurance

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